



P2 / THANK YOU

We continue to receive generous support from so many who believe in Two Wheels. Thank You!



P3 / QUEBEC

Create a custom trip. Tell Two Wheel View where you want to go and let us look after the details!



P3 / ARGENTINA

It's not that all our trips go to Argentina, it's that when we go to Argentina, we can't stop talking about it!



P4 / TEN WAYS TO HELP

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twowheel VIEWS

NEWSLETTER 12

2015

SEPTEMBER EDITION

Our 3rd annual Badlands to Banff trip was a great success.



Badlands to Banff-2015...

marks the 3rd year for our Badlands to Banff trip in partnership with the Duke of Edinburgh's Award program. We were thankful to once again have Constable Craig Nelson from the Drumheller RCMP along for the ride as he is a fantastic mentor and great friend of Two Wheel View. The group experienced probably the most weather changes out of all our trips this summer, starting the trip in 35C temperatures and cycling into the mountains with 5C and rain. After the trip was over participant Lorien Monteith told us about her favourite day on the trip,

My favourite day on the trip was the day we rode into Canmore in the rain. Up until that point I was absolutely convinced that I couldn't make it.

But then I thought about it and I realized that I was almost there and that I would be able to finish. That was the best day for me.

Leading the leaders

We've always placed an emphasis on providing strong leadership for our bike trips but in 2015, we focused on improving and growing our Trip Leader Training program. It's our goal to increase the quantity and quality of our trips year after year and to do so we need a pool of strong leaders who can provide extraordinary experiences for our youth participants. In addition to our regular weekend Trip Leader Training Ride, which takes place in May, our leaders met monthly to talk about risk management, group dynamics, health, empowerment, budgets and more. If you are interested in finding out more about TWV's Trip Leader Training Program for the 2016 Trip season, please contact Colin at colin.rioux@twowheelview.org



Our leaders learning the TWV way at Trip Leader Training.

Exchanging cultures:

YMCA Canada Youth Exchanges from the seat of a bike. Imagine seeing 20 youth & eight leaders, all on full loaded bicycles, cycling their way up a mountain road or down meandering bike path. Our Alberta-Quebec Exchange trip kicked off our official summer trips season in May when Rick, Sasha and Jonny, along with teacher Emily Parkin and 10 youth from the Morley First Nations community boarded a plane, Destination: Montreal. After spending a week exploring Montreal and surroundings by bike with Anne-Marie's group of new Canadians, the Alberta team was eager to host their friends out west. The second part of the exchange saw the groups tackle the challenge and triumph of a route from Calgary to Banff. We are grateful to the YMCA Canada Youth Exchanges for providing all the airline travel for this adventure.



This year's Alberta-Quebec Exchange trip is something we are looking forward to repeating!

THANK YOU!

supporters, believers, friends, funders, difference makers

Two Wheel View has been lucky to receive support from the following groups and individuals:

BikesnBrews.ca, Lisa Smith, Tourism Calgary, Anne-Marie Alder, Last Best Brewery and Restaurant, Wild Rose Brewery, Tool Shed Brewing Company, Phil & Sebastian East Village, The Bike Shop, Speed Theory, Campione, Brewsters Brewing Company, 17th Avenue Liquor, New Belgium, Maureen Keough, Seth Leon, John Archer, James Bradbury, Rebecca MacDonald, Kim Jessen, Jarod Cole, Pat and Rick Istead, Colleen McCrea, Karen Whiteman, Social Venture Partners, FCSS, Emily Parkin, Christy Bennett

QUEBEC *with Woodcliff United Church*

Did you know that Two Wheel View provides custom trips for groups? Woodcliff United Church Youth Group approached us in early 2015 about doing a trip with their group in the summer. With all the details handled by TWV, Colin, their chaperone Amy and the group hopped on the plane out to Quebec in the last week of August and cycled from Montreal to Quebec City, stopping along the way to experience the local culture, language and of course Poutine! We are currently booking our schedule for 2016 so if you (or someone you know!) would be interested in getting a group together for a TWV trip, give Colin a shout at colin.rioux@twowheelview.org



The Woodcliff United Church youth group had a blast exploring Quebec!



Rick and Tanya led adults through the arctic circle of Norway in August.

Cycling the Arctic Circle

by Tom Evans, TWV board member & trip participant

Two Wheel View hosted its first Norway Adult Cycle Tour in July this year. Led by founder Rick McFerrin and his wife Tanya, the tour explored the islands and fjords of Norway, based out of Tromsø. The entire 450 km tour took place north of the Arctic Circle, and the group of twelve adults experienced the wonders and spectacular scenery of a land dominated by the midnight sun. Norway's legendary hospitality was a highlight for the group, and many new friendships were forged with the owners of the homestays arranged by Rick, and through introductions he made along the way of his many friends from his long association with Norway.

In addition, the group itself was comprised of cycle touring enthusiasts from Canada, the US and France, and this mix of cultures and experience brought its own unique flavour to the tour. It was a spectacular trip, and the photos and friendships made on the tour will be a lasting treasure for the participants.

REFLECTIONS ON

Our Argentina Youth Service Trip

*I brought back so much more
than I packed for Argentina,
and it wasn't just souvenirs...*

I brought back memories of an incredible journey across Argentina with some incredible friends. I brought back a deepened love for cycling, a love for the environment, a love for experiencing new cultures and a love for travel. I also brought back a huge boost of confidence that will give me the chance to go on more adventures. I am so grateful Two Wheel View gave me the opportunity to do this trip at this point in my life, because now that I know what I can achieve if I put my mind to it, I am more open to challenging myself. One of my favourite memories of the trip was reaching the summit. Reflecting on all of the hard work that it took to get to the top made the view even more breathtaking."

—Stephanie Pye, Participant



Our Volunteer Service Trip Participants enjoying Argentina.

NOW RECRUITING!

Bike Argentina for Adults – March 6-18, 2016.

Your participation on this trip supports the mission of Two Wheel View. A portion of your program fee is eligible for a charitable tax receipt. For more information, visit the TWV website at www.twowheelview.org

Bikes, Bikes and more Bikes!

You may have heard the call-out we made at the end of June for a new storage space for the bicycles that we use for our Bike Club program. It came down to the wire but we found space at a barn owned by Lisa Smith in south Calgary and so we spent the final days of June taking our 'Iron Horses' to live with the real live horses. A big thank you to Lisa for the use of her horse stalls and to all the volunteers that helped to prep and move the bikes to the new space.

Volunteer Mechanics Night

We are once again starting up our Volunteer Mechanics Night this fall. All the bikes that we tune up go directly to youth graduating from our Earn-a-Bike programs. This is a great opportunity to spend time with a great crew sharing new mechanic skills - including wheel truing, replacing brake and shifter cables and housing, overhauling and repacking hubs - learning about TWV's bike expedition program and growing our cycling community. So all you bike mechanics and Two Wheel View supporters out there, join us next time!

Volunteer Mechanic Nights at the Good Life Community Bike Shop will take place on the first Tuesday of each month, the next one will be: October 6th from 7:00-9:00pm

TEN WAYS TO SUPPORT US

1. Volunteer to help at an Earn-a-Bike program
2. Pay it forward and donate your old bike at the Good Life Community Bike Shop
3. Train the future by sponsoring an Earn-a-Bike program in your community
4. Host an expedition recruitment presentation at your school or community hall
5. Join our Two Wheel View Facebook Page and Twitter and spread the word
6. Encourage success by volunteering to assist a youth with their fundraising goal
7. Participate in and tell your friends about our annual Vehicle for Change Fundraiser in the spring
8. Sign up for one of our adult rides and raise funds for a youth
9. Empower a youth by donating to Two Wheel View on our website
10. Share our vision of changing more kids' lives by the seat of a bike!

